

Dr.Thomson[®]

F O O D S U P P L E M E N T S

Dr.Thomson®

FOOD SUPPLEMENTS

Dr.Samuel Thomson was an 18th-century herbalist and botanist known for his curiosity about the mysterious secrets of plants and his dedication to human health. For many years, he researched the astonishing effects of plants and natural resources on the human body. During all this time, he developed unique formulations with the knowledge he gained from nature, laying the foundations of alternative medicine.

Dr. Thomson's story was based on the desire to turn the unique balance of health and nature into a brand. The vision born centuries ago and the solutions that harmonized with the healing powers gifted to us by nature were designed for people to have a healthy life. The Dr. Thomson food supplement range offers unique formulations inspired by nature using natural ingredients.

Dr. Thomson's heritage merges with next-generation solutions and comes to life in the "Dr.Thomson" brand, which encourages humans to live in harmony with nature. Each product is guided by science and combined with nature's specially selected, wondrous ingredients to ensure humans live a healthy life.

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A stylized, handwritten-style signature of "Dr. Thomson" in black ink.

Omega 3 Category

- Balomega
- Omega-3 50 Softgel Capsules
- Fish Oil 200 ml Liquid



Balomega

200 ml Syrup

Dr. Thomson Balomega is a dietary supplement specifically developed for kids, contains multivitamins with Omega 3 fatty acids. Dr. Thomson Balomega has a special taste with honey and orange-lemon flavor. available in honey-orange flavor. It is free of dairy, soy allergens, high fructose corn syrup, sweeteners, and aspartame.

Benefits

- Supports the development of the brain, eyes and nerves in children.
- Vitamin A promotes normal growth and development in children, supporting tissue and bone repair and good vision.
- Vitamin C aids in the development of healthy muscles, connective tissue, and skin.
- Vitamin D₃ works to help build bones & teeth, assisting the body in mineral absorption.
- Vitamin C, vitamin D₃, and vitamin E aids in immune function.
- This blend includes vitamin B₁, B₂, B₃, B₁₂, and Folic acid. Vitamin B promotes nervous system health, brain development and function, and aids in red blood cell development, while also supporting a healthy metabolism, immune & digestive function, boosts energy, improves mood.

Directions

As a dietary supplement for kids, (two) 2 full teaspoons daily with meals, or as directed by a healthcare practitioner.

Supplement facts

Every 10ml contains Omega-3 fatty acids 245mg, Vitamin C 40mg, Vitamin B₃ 12mg, Vitamin E 6mg, Vitamin D₃ 11mg, Vitamin D₂ 1,05mg, Vitamin B₆ 1,05mg, Vitamin B₁₂ 400IU, Vitamin B₁ 1,05mg, Folic acid 1,05mg.



Omega-3

50 Softgel Capsules

Dr. Thomson Omega-3 provides 1200mg fish oil, including 780 mg Omega-3 and 380 mg EPA and 260mg DHA in each capsule. These two Omega-3 fatty acids help support and maintain the health of the cardiovascular and neurological system. Omega-3 fatty acids are considered "good" fats important for cellular, heart and metabolic health and help maintain triglyceride levels already within a normal range.

Benefits

- Supports heart function and cardiovascular health.
- Supports normal skin function.
- Supports brain functions and neurological health.
- Helps maintain healthy skin.
- Helps maintain normal vision.
- Contributes to normal eye and brain development in fetuses and breastfed infants.
- Support healthy joints.
- Helps maintain good general and metabolic health.
- Optimizes the immune system.

Directions

As a dietary supplement for adults, take one (1) – two (2) soft gel twice daily, preferably with a meal, or as directed by a healthcare practitioner.

Supplement facts

Each capsule contains Total Omega-3 780 mg, EPA 380 mg, DHA 260 mg, Other Omega-3 Fatty Acids 144 mg

Dr. Thomson Omega-3 is non-GMO and third-party tested, surpassing the standard.



Fish Oil

150 ml Liquid

Dr. Thomson Fish Oil is specially formulated for kids. Each full teaspoon of Dr. Thomson Fish Oil provides 1480 mg of Omega-3s, including 740 mg EPA and 470 mg DHA, which support heart, brain, vision, and joint health. Dr. Thomson Fish Oil for kids has received numerous awards for its taste and quality and has been loved by children.



International Fish Oil Standards, 5 Stars Approved

Benefits

- Supports heart, brain, vision, and joint health.
- Supports children's focus, mood, learning, and positive behavior.
- Support cognitive health and brain function.
- Supports the development of the brain, eyes and nerves in children.

Directions

As a dietary supplement for kids, take one (1) teaspoon daily, with food, or as directed by your healthcare practitioner or pharmacist. Dr. Thomson Fish Oil doesn't contain vitamins A and D, so that it could be used continuously during summer season safely. For best results, please refrigerate and use within three months after opening.

Supplement facts

Every 5 ml contains Total Omega-3 1480 mg, EPA 740 mg, DHA 470 mg

Dr. Thomson Fish Oil is non-GMO and third-party tested, surpassing the standard

Dr.Thomson®

FOOD SUPPLEMENTS

Musculoskeletal Category

- BiaFlex Plus
- BiaFlex



BiaFlex

60 Tablets

Dr. Thomson BiaFlex is ideal for anyone seeking nutritional support for the cartilage and joints. Dr. Thomson BiaFlex contains glucosamine, chondroitin and MSM that support healthier joints and cartilage.

Benefits

- Helps bring fluid into the joints.
- Helps maintain flexibility, mobility and comfortable movement.

Directions

As a dietary supplement for adults, take two (2) tablets daily, or as directed by a healthcare practitioner.

Supplement facts

Every 2 tablets contains Glucosamine Sulfate 1500 mg, Chondroitin Sulfate 1200 mg, MSM (Methylsulfonylmethane) 250 mg



BiaFlex Plus

60 Tablet

Dr. Thomson BiaFlex Plus is ideal for anyone seeking extra strong nutritional support for the cartilage and joints. Dr. Thomson BiaFlex Plus contains glucosamine, chondroitin and MSM plus type II collagen. Type II collagen meets the need of cartilage by-increasing the effectiveness of the product.

Benefits

- Helps bring fluid into the joints.
- Helps maintain flexibility, mobility and comfortable movement.

Directions

As a dietary supplement for adults, take two (2) tablets daily, or as directed by a healthcare practitioner.

Supplement facts

Every 2 tablets contains Glucosamine Sulfate 1500 mg, Chondroitin Sulfate 600 mg, Type-II Collagen 300 mg, MSM (Methylsulfonylmethane) 250 mg, Boswellia Extract 250 mg, Vitamin C 60



Herbal Supplements

- Propolis Spray
- Colkids
- Pectopan Adult
- Pectopan Kids



Propolis Spray

20 ml Spray

Dr. Thomson Propolis Spray is specially formulated with natural extracts. It contains propolis extract, clove oil, licorice root extract. The famous bee substance "Propolis" is well-known because of benefits of health. Also known as "bee glue", it helps strengthen the immune system. Dr. Thomson Propolis Spray doesn't contain alcohol, paraben, sugar. It contains water-soluble propolis extract.

Benefits

- Supports immune health.
- Effective natural support for the defense of your organism.
- Supports respiratory health in a natural way.
- With its strong anti-bacterial content, it can act as barrier for protection against virus in the mouth.

Directions

For adults, spray 3 times a day two (2) puff and for children 4-10 years old spray 3 times a day one (1) puff.

Supplement facts

6 Puff spray contains Propolis extract 41mg, Licorice root extract 5,7 mg, Clove oil 0,08 mg



Colkids

150 ml Liquid

Liquid Food Supplement Containing Dill (*anethum graveolens*) and Fennel (*Foeniculum vulgare*) Herbal Extract

Dr. Thomson Colkids is a food supplement specially developed for children containing Dill, Ginger, German Chamomile (*Matricaria Recutita*), Fennel, Lemon Balm (*Melissa officinalis*), Cumin and Medicinal Mint Extracts.

Benefits

- Helps to relieve gas pains with spasmolytic and carminative effect.
- Helps to relieve the baby by reducing dyspepsia complaints.

Directions

As a dietary supplement for kids aged 4-10 years, take one (1) teaspoon 3 times a day, with food, or as directed by your healthcare practitioner or pharmacist.

Supplement facts

Every 5 ml contains Ginger Extract 15 mg, German Chamomile Extract 15 mg, Fennel Extract 12 mg, Lemon Balm Extract 12 mg, Dill Extract 9 mg, Cumin Extract 9 mg, Medicinal Mint Extract 6 mg



Pectopan Kids

150 ml Liquid, Blackberry Flavored

Herbal Liquid Food Supplement Containing Ribwort Plantain (*Plantago lanceolata*) and Ginger (*Zingiber officinale*)

It is specially formulated for adults with extracts of Ribwort Plantain, Ginger, Basil, Licorice, Medicinal Mint, Turmeric, Grape Seed, Black Elderberry, Marsh Mallow, Thyme, Zinc; supports the immune system with Vitamin C. Contains 20.4% Honey.

Benefits

- Supports the treatment of primary diseases that cause cough.
- Supports the elimination of irritation in the respiratory tract.
- Helps to relieve symptoms such as cold, stomachache, cough, fever.

Directions

As a dietary supplement for kids, take one (1) teaspoon daily, with food, or as directed by your healthcare practitioner or pharmacist.

Supplement facts

Every 5 ml contains Basil Extract 150 mg, Licorice Root Extract 100 mg, Ribwort Plantain Extract 50 mg, Medical Peppermint Extract 33.3 mg, Ginger Extract 30 mg, Turmeric Extract 30 mg, Grape Seed Extract 30 mg, Black Elderberry Extract 20 mg, Marsh M



Pectopan Adult

150 ml Liquid

Herbal Liquid Food Supplement Containing Ribwort Plantain (*Plantago lanceolata*) and Ginger (*Zingiber officinale*)

It is specially formulated for adults with extracts of Ribwort Plantain, Ginger, Basil, Licorice, Medicinal Mint, Turmeric, Grape Seed, Black Elderberry, Marsh Mallow, Thyme. Zinc supports the immune system with Vitamin C and Propolis.

Benefits

- Supports the treatment of primary diseases that cause cough.
- Supports the elimination of irritation in the respiratory tract.
- Helps to relieve symptoms such as cold, stomachache, cough, fever.

Directions

As a dietary supplement for adults, take one (1) a teaspoon 3 times a day, with food, or as directed by your healthcare practitioner or pharmacist.

Supplement facts

Every 5 ml contains Basil Extract 450 mg, Licorice Root Extract 300 mg, Pure Propolis 75 mg, Ribwort Plantain Extract 150 mg, Medical Peppermint Extract 150 mg, Vitamin C 120 mg, Ginger Extract 90 mg, Turmeric Extract 90 mg, Grape Seed Extract 90 mg, Black Elderberry Extract 60 mg, Zinc 15 mg, Marsh Mallow Extract 375 mg, Thyme

Dr.Thomson®

FOOD SUPPLEMENTS

Nasal Category

- Okyanosea Fresh
- Okyanosea Mini
- Naso Spray
- NasoBaby



OkyanoSea Fresh

25 ml Spray

Dr. Thomson OkyanoSea Fresh is a hypertonic nasal solution. It contains sterile 2% NaCl Hypertonic Sea Water, Eucalyptus Oil, Aloe Vera and Panthenol. It doesn't contain additives and preservatives. It is used in various sinus nasal problems, nasal congestion, washing the nasal cavity and protecting the nasal cavities. With its strong refreshing effect, it facilitates easy breathing. It is a CE Certified Medical Device

CE CE Certified Medical Device.

Benefits

- Protects the nasal cavity from the pathogens.
- Helps to wash the nasal cavity.
- Refreshes the nasal cavity.
- Helps for a fresh clear breath.
- Protects from the sinus and nasal health problems.

Directions

For children and adults; spray each nasal cavity 2-3 times one (1) - two (2) puff daily, or as directed by a healthcare practitioner.

Supplement facts

Every puff contains 2% NaCl Hypertonic Sea Water, Eucalyptus Oil, Aloe Vera and Panthenol



OkyanoSea Mini

25 ml Spray

Dr. Thomson OkyanoSea Mini contains sterile isotonic sea water. It doesn't contain additives and preservatives. It is used in various sinus nasal problems, nasal congestion, washing the nasal cavity and protecting the nasal cavities. It is a CE Certified Medical Device.

CE CE Certified Medical Device.

Benefits

- Protects the nasal cavity.
- Helps to wash the nasal cavity.
- Protects from the sinus and nasal health problems.

Directions

For children and adults; spray each nasal cavity 2-3 times one (1) - two (2) puff daily, or as directed by a healthcare practitioner.

Supplement facts

Every puff contains isotonic sterile sea water.



Naso Spray

100 ml Nasal Aerosol Spray

Dr. Thomson Naso Spray contains sterile isotonic sea water. It is produced with bag on valve technology. It is free of additives, preservatives, propellant gas, flammable, explosive materials. It is used in various sinus nasal problems, nasal congestion, washing the nasal cavity and protecting the nasal cavities. It is a CE Certificated Medical Device.

CE CE Certificated Medical Device.

Benefits

- Protects the nasal cavity.
- Helps to wash the nasal cavity.
- Protects from the sinus and nasal health problems.

Directions

For children and adults; spray each nasal cavity 2-3 times one (1) - two (2) puff daily, or as directed by a healthcare practitioner.

Supplement facts

Every puff contains isotonic sterile sea water.



NasoBaby

5 ml x 20 Flacon

Dr.Thomson NasoBaby contains %0,9 NaCl (sodium chloride) in every 5ml vials. It is special used for infants and babies cleaning their nasal cavity. It is an isotonic nasal solution with its special packaging. It is free of additives, preservatives, propellant gas, flammable, explosive materials. It can be used to effectively clean baby's congested or runny nose. It is a CE Certified Medical Device.

CE CE Certified Medical Device.

Benefits

- Protects the nasal cavity.
- Helps to clean the nasal cavity.
- Protects from the sinus and nasal health problems.

Directions

For children, babies and infants; open the vial, and drop 2-3 times to each nasal cavity daily, or as directed by a healthcare practitioner.

Supplement facts

Every vial contains %0,9 NaCl

Dr.Thomson®

FOOD SUPPLEMENTS

Vitamin Mineral Category

- Bewity
- Thomistol
- Daily Multi
- Sambucus
- Vitamin C 20 Effer. Tablets
- Vitamin C 30 Tablets
- D₃K₂
- Vitamin D₃ 1000 IU
- Vitamin D₃ 400 IU
- FerBZinc



Bewity

100 ml Syrup

Dr. Thomson Bewity is a special formulated with B complex vitamins for children. B complex vitamins are important for the energy metabolism therefore nutritional health.

Benefits

- Vitamin B promotes nervous system health, brain development and function.
- Aids in red blood cell development, while also supporting a healthy metabolism, immune and digestive function.
- Boosts energy, improves mood.

Directions

As a dietary supplement for children, 2 full teaspoons daily with meals, or as directed by your health care professional or pharmacist.

Supplement facts

Every 10 ml contains Calcium 100mg, Vitamin C 100mg, Zinc 5mg, Vitamin B₃ 10mg NE, Vitamin E 2mg α-TE, Vitamin B5 4mg, Vitamin B₂ 2mg, Vitamin B₁ 2mg, Vitamin D₃ 200IU, Vitamin A 9I



Thomistol

150 ml Syrup

Dr. Thomson Thomistol has a specially formula for kids with 9 Vitamin and 2 Mineral. Dr. Thomson Thomistol has a great taste with natural orange flavor. It is free of dairy, soy allergens, fish allergens, high fructose corn syrup, artificial flavors and sweeteners, and aspartame.

Benefits

- Vitamin A promotes normal growth and development in children, supporting tissue and bone repair and good vision.
- Vitamin C aids in the development of healthy muscles, connective tissue, skin and aids in immune function.
- Vitamin D₃ works to help build bones and teeth, assisting the body in mineral absorption.
- Vitamin E supports the immune system and maintain the skin health.
- This blend includes vitamin B₁, B₂, B₃, B₅, B₆. Vitamin B promotes nervous system health, brain development and function, and aids in red blood cell development, while also supporting a healthy metabolism, immune and digestive function, boosts energy, improves mood.
- Zinc supports immune function and metabolism.
- Calcium supports bones and teeth.

Directions

As a dietary supplement for kids, (two) 2 full teaspoons daily with meals, or as directed by your health care professional or pharmacist.

Supplement facts

Every 10 ml contains Calcium 100mg, Vitamin C 100mg, Zinc 5mg, Vitamin B₃ 10mg NE, Vitamin E 2mg α-TE, Vitamin B₅ 4mg, Vitamin B₂ 2mg, Vitamin B₁ 2mg, Vitamin D₃ 200IU, Vita



Daily Multi

20 Effervescent Tablets

Dr. Thomson Daily-Multi Effervescent Tablet provides support throughout the day with 13 vitamins, 9 minerals, Korean Ginseng and Coenzym-Q10. It has the advantage of easy consumption with its delicious taste and fragrance. Its solubility is fast and does not leave residue.

Benefits

- Supports overall wellbeing.
- Contains the necessary ingredients to meet your daily nutritional requirements.

Directions

As a dietary supplement for adults, take one (1) tablet once or twice a day, or as directed by a healthcare practitioner.

Supplement facts

Each effervescent tablet contains Calcium 120mg, Magnesium 80mg, Vitamin C 80mg, Iron 14mg, Korean Ginseng 40mg, Zinc 10mg, Vitamin E 12mg, Vitamin B₃ 16mg, Vitamin K₂ 25µg, Coenzyme Q10 10mg, Vitamin B₅ 6mg, Manganese 2mg, Vitamin A 800µg, Copper 1mg, Vitamin D₃ 5µg, Vitamin B₂ 1.4mg, Vitamin B₆ 1.4mg, Vitamin B₁ 1.1mg, Iodine 150µg, Vitamin B₁₂ 2.5µg, Folic Acid 200µg, Molybdenum 50 µg, Selenium 50µg, Biotin 5t



Sambucus

20 Effervescent Tablets

Dr. Thomson Sambucus Effervescent Tablet contains black elderberry, vitamin C and zinc. Its formula with Vitamin C and Zinc contributes the normal function of the immune system. It has the advantage of easy consumption with its delicious taste and fragrance. Its solubility is fast and does not leave residue.

Benefits

- Supports the immune system.
- Provides antioxidant support.
- Has antiviral and antimicrobial properties.

Directions

As a dietary supplement for adults, take one (1) tablet once or twice per day, or as directed by a healthcare practitioner. Drop 1 tablet in 8 oz. of water and allow to dissolve completely.

Supplement facts

Each effervescent tablet contains Black Elderberry 200 mg, Vitamin C 80 mg, Zinc 10 mg



Vitamin C

20 Effervescent Tablets

Dr. Thomson Vitamin C 1000mg Effervescent Tablet has the advantage of easy consumption with its delicious taste and fragrance. Its solubility is fast and does not leave residue.

Benefits

- Supports a stronger immune system.
- Has natural antioxidant properties.
- Supports the skin health.
- Promotes the absorption of iron.

Directions

As a dietary supplement for adults, take one (1) tablet once or twice per day, or as directed by a healthcare practitioner. Drop 1 tablet in 8 oz. of water and allow to dissolve completely.

Supplement facts

Each effervescent tablet contains
Vitamin C 1000 mg



Vitamin C

30 Tablets

Dr. Thomson Vitamin C contains 1000 mg vitamin C in each tablet. Vitamin C is a water-soluble vitamin that helps fight free radicals which can cause oxidative stress. One of its primary functions is collagen formation and functioning of white blood cells, which are important for the immune system.

Benefits

- Supports a stronger immune system.
- Has natural antioxidant properties.
- Supports the skin health.
- Promotes the absorption of iron.

Directions

As a dietary supplement for adults, take one (1) tablet daily, or as directed by a healthcare practitioner.

Supplement facts

Each tablet contains Vitamin C 1000 mg



D3 K2

20 ml Oral Drops

Dr. Thomson D₃K₂ Oral Drop contains only vitamin D, vitamin K and pure olive oil. Vitamin D and Vitamin K are a fat-soluble vitamin which has important functions in the body. As we age, our bodies struggle to produce and absorb these important nutrients. That's why vitamin D and vitamin K supplements are important to the maintenance of good health. Dr. Thomson D₃/K₂ Oral Drop doesn't contain protective additives, colorant, sweetener, artificial flavoring and added sugar.

Benefits

- Helps maintain a healthy immune system and good general health.
- Helps maintain strong bones and teeth.
- Helps maintain optimal nerve and muscle function.
- Easy to consume and absorb—straight from the dropper or mixed with your favorite beverage.

Directions

As a dietary supplement for adults, take one (1) drop daily, or as directed by a healthcare practitioner.

Supplement facts

Every drop contains Vitamin D₃ 25 µg (1000 IU), Vitamin K₂ 11,25 µg



Vitamin D3 1000 IU

20 ml Spray, 130 Dose

Dr. Thomson Vitamin D3 1000 IU contains only vitamin D₃ and pure olive oil. It contains 1000 IU of vitamin D₃ in each drop/puff. Vitamin D is a fat-soluble vitamin that has important functions in the body. As we age, our bodies struggle to produce and absorb this important nutrient. That's why vitamin D supplements are important to the maintenance of good health. Dr. Thomson Vitamin D₃ doesn't contain protective additives, colorant, sweetener, artificial flavoring and added sugar. This "sunshine vitamin" supplement is vital to your healthy diet, which may lack vitamin D.

Benefits

- Helps maintain a healthy immune system and good general health.
- Helps maintain strong bones and teeth.
- Helps maintain optimal nerve and muscle function.
- Easy to consume and absorb—straight from the dropper/spray head or mixed with your favorite beverage.

Directions

As a dietary supplement for adults, take (1) oral spray or three (3) drops daily, or as directed by a healthcare practitioner.

Supplement facts

Every puff contains Vitamin D₃ 25 µg (1000 IU)



Vitamin D3 400 IU

20 ml Spray, 130 Dose

Dr. Thomson Vitamin D3 400 IU contains only vitamin D3 and pure olive oil. It contains 400 IU of vitamin D3 in each drop/puff. Vitamin D is a fat-soluble vitamin that has important functions in the body. As we age, our bodies struggle to produce and absorb this important nutrient. That's why vitamin D supplements are important to the maintenance of good health. Dr. Thomson Vitamin D3 doesn't contain protective additives, colorant, sweetener, artificial flavoring and added sugar. This "sunshine vitamin" supplement is vital to your healthy diet, which may lack vitamin D.

Benefits

- Helps maintain a healthy immune system and good general health.
- Helps maintain strong bones and teeth.
- Helps maintain optimal nerve and muscle function.
- Easy to consume and absorb—straight from the dropper/spray head or mixed with your favorite beverage.

Directions

As a dietary supplement, take (1) oral spray or 3 drops daily, or as directed by a healthcare practitioner.

Supplement facts

Every puff contains Vitamin D₃ 10 µg (400 IU)



Benefits

- Promotes energy utilization.
- Improves iron levels.
- Helps the formation of new red blood cells and transport oxygen throughout your body.

FerBZinc

150 ml Syrup, Blackberry Flavored

Dr. Thomson®
FOOD SUPPLEMENTS

Dr. Thomson FerBZinc is a liquid food supplement specially developed for kids containing iron, vitamin B₁₂, zinc and vitamin C. It has a delicious blackberry taste. Does not contain sweeteners.

Directions

As a food supplement for kids aged 4-10, take 5 ml daily, or as directed by a healthcare practitioner.

Supplement facts

Every 5 ml contains Vitamin C 25 mg,
Iron (Lipofer) 8.5 mg, Zinc 4.25 mg,
Vitamin B₁₂ 500 µg



Special Supplements

- Lymphack

Dr. Thomson Lymphack

30 Tablets

Dr. Thomson Lymphack is a food supplement developed for adults containing Omega 3, Coenzyme Q10, Vitamin B12, Magnesium, Black Garlic and Herbal Extracts.

Benefits

- Helps reducing the impact of Lyme disease.

Directions

As a food supplement for people 11 years and older, take one (1) tablet daily, or as directed by a healthcare practitioner.

Supplement facts

Every tablet contain Vitamin B12 (Methylcobalamin) 1000 µg, Magnesium 100 mg, Vitamin K2 25 µg, Vitamin D3 25 µg, Black Garlic Extract 750 mg, Cat's Claw Extract 100 mg, Japanese Knotweed Extract 100 mg, Hoary Rock-Rose Extract 50 mg, Turmeric Extract 50 mg, Ginger Extract 50 mg, Total Omega 3 640 mg, EPA 324 mg, DHA 234 mg, Coenzyme Q10 (Ubiquinol) 100 mg, Other C

Dr.Thomson®

F O O D S U P P L E M E N T S

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